

*Loganville High School Track & Field*  
*10<sup>th</sup> Annual **Running with the Devils** Invitational*

Loganville High School would like to welcome you to our 10<sup>th</sup> Annual *Running with The Devils* Invitational meet. If you have any questions or concerns, please let us know. We hope that you and your team enjoy our meet and will return next year. There will be a hospitality room for all Georgia High School Coaches with a GHSA pass.

**Location: Red Devil Stadium (off campus from Loganville High School)**

**Address: 3431 Old Zion Cemetery Rd. Loganville, GA 30052**

Our facility is an eight lane, rubberized all weather track, including all runways. To protect our track, we ask that all contestants to use **1/4<sup>th</sup> inch spikes or shorter**. Please keep your athletes in designated areas, stands, or warm up fields. Keep them off the infield unless they are reporting to the clerk of the course or to an event to compete. Please remind them of the following items: *NO electronic devices, and have the proper uniform on when competing.*

**Scoring:** The top eight places in each event (including the 4x800M relay) will score according to Georgia High School Bylaws.

Tents may be set up on the **top of the bleachers only**. Place tents away from the finish line and grass areas). Please police your team's area and help keep it clean.

**Entry Forms**

Please make all checks payable to **LHS Track.**

**Please send entry fee to:**

**Loganville High School; c/o Kim Arnold; 100 Trident Trail; Loganville, GA, 30052**

*(NO Personal Checks will be accepted. Money orders or school/booster club checks only please!)*

**\$150 for boys and girls teams; \$80 for a single team.**

Each school will be allowed 3 entries per event (2 per Relay event). Use THIS season's best performance when entering your athletes. Please make any changes online by **Thursday, March 9, 2018 by 11:59 p.m.**

**Bus Parking**

All buses will drop off in the designated lot closest to the athletic complex building. Please inform your athletes that this lot is for meet officials, workers and buses **only**.

**Meet Administration**

Meet Directors- David Houghton and Kim Arnold

**Timing**

Timing will be FAT, provided by Loganville High School.

**Clerk of the Course**

All athletes must report to the clerk of the course on the infield after the first call.

Athletes will be disqualified from the event if they have not checked in within one minute of final call.

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#### **Concessions**

There will be a concession stand for fans, athletes, and spectators.  
Event T-shirts will be available. Kona Ice will be on site as well.

#### **Field Events**

Each school may enter three (3) contestants per event. Each competitor will be allowed four attempts in the shot/discus and long/triple jump. All field events will be divided into two flights.

*All throwing implements and pole vault equipment **should be verified legal by their coach.** Competitors may only use legal implements. **Violations will be reported to the GHSA.***

#### **Track Events**

Each school may enter three (3) contestants per event and two (2) relay teams per event.

Seeding will be done according to times sent in by their coaches. We will have four to five heats in most events, depending on number of total entries. Places will be awarded to the contestant with the best time out of all heats. Eight places will score. There will be 2 heats of the 1600M and 3200M runs.

#### **Awards**

Top 8 places will score. 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> places will receive medals. 4<sup>th</sup> through 8<sup>th</sup> place will receive ribbons. Team Trophies will be awarded to the top three teams. Also we will award a plaque to the “Top Medalist” for both boys and girls. Medals and ribbons will be placed in an envelope for coaches to pick up at the end of the meet. Team awards and Top Scorer awards will be announced at the conclusion of the meet.

**Order of Events** – Timing is tentative. We will run ahead when possible but not more than 30 minutes to allow runners adequate recovery time between events.

8:15 AM- Scratch meeting

9:00 Field Events - Boys - discus, pole vault, and triple jump

Girls - shot put, long jump and high jump

10:30 Field Events - Boys - shot put, long jump, and high jump

Girls - discus, triple jump and pole vault

11:00 4x800M Relay

11:30 Lunch Break

11:50 LHS Track & Field Seniors Presentation

12:00 Field Event Awards Presented

12:25 Presentation of Colors

12:30 Coaches Relay

12:30 4x100M Relay- Girls, followed by boys

12:50 1600M Run- Girls, followed by boys

1:20 400M Dash- Girls, followed by boys

1:50 100M Dash- Girls, followed by boys

2:15 100M Hurdles-Girls followed by 110M Hurdles- Boys

3:00 800M Run- Girls, followed by boys

3:30 200M Dash- Girls, followed by boys

4:10 300M Hurdles- Girls, followed by boys

4:45 3200M Run- Girls, followed by boys

5:15 4x400M Relay- Girls, followed by boys

5:45 Presentation of Team Trophies and Top Scorer Awards

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| <b>Event</b>  | <b>Time</b> | <b>Comments</b>   |
|---|-------------|---|
| Coaches' Meeting  | 8:15am      | Athletic Complex; scratches only  |
| <b>8:30 a.m.- Warm up for 9:00 a.m. field events</b>  |             |   |
| <b>FIELD EVENTS</b>   |             |   |
| Boys Triple Jump  | 9:00am      | 3 jumps, all 1 <sup>st</sup> jumps measured, 2 <sup>nd</sup> and 3 <sup>rd</sup> jumps only measured greater than 38'. Any less than minimum marked as ND.            |
| Boys Pole Vault   | 9:00am      | 3 jumps, starting height 8'0". Any less than minimum marked as ND.  |
| Boys Discus   | 9:00am      | 3 throws, all 1 <sup>st</sup> throws measured, 2 <sup>nd</sup> and 3 <sup>rd</sup> throw only measured greater than 100'. Any less than minimum will be marked as ND. |
| Girls High Jump   | 9:00am      | 3 jumps, starting height 4'6". Any less than minimum marked as NH.  |
| Girls Shot Put  | 9:00am      | 3 throws, all 1 <sup>st</sup> throws measured, 2 <sup>nd</sup> and 3 <sup>rd</sup> throw only measured greater than 30'. Any less than minimum will be marked as ND.  |
| Girls Long Jump   | 9:00am      | 3 jumps, all 1 <sup>st</sup> jumps measured, 2 <sup>nd</sup> and 3 <sup>rd</sup> jumps only measured greater than 15'. Any less than minimum marked as ND.            |
| Boys High Jump  | 10:30am     | 3 jumps, starting height 5'4". Any less than minimum marked as NH.  |
| Boys Shot Put   | 10:30am     | 3 throws, all 1 <sup>st</sup> throws measured, 2 <sup>nd</sup> and 3 <sup>rd</sup> throw only measured greater than 40'. Any less than minimum will be marked as ND.  |
| Boys Long Jump  | 10:30am     | 3 jumps, all 1 <sup>st</sup> jumps measured, 2 <sup>nd</sup> and 3 <sup>rd</sup> jumps only measured greater than 19'. Any less than minimum marked as ND.            |
| Girls Triple Jump   | 10:30am     | 3 jumps, all 1 <sup>st</sup> jumps measured, 2 <sup>nd</sup> and 3 <sup>rd</sup> jumps only measured greater than 30'. Any less than minimum marked as ND.            |
| Girls Pole Vault  | 10:30am     | 3 jumps, starting height 6'0". Any less than minimum marked as ND.  |
| Girls Discus  | 10:30am     | 3 throws, all 1 <sup>st</sup> throws measured, 2 <sup>nd</sup> and 3 <sup>rd</sup> throw only measured greater than 80'. Any less than minimum will be marked as ND.  |
| <b>RUNNING EVENTS</b>   |             |   |
| <b>*These are approximate times. If we get ahead of schedule, we will stay ahead of schedule.</b> |             |   |
| Girls 4x800m Relay  | 11:00am     |   |
| Boys 4x800m relay   | Rolling     |   |
| Lunch Break   | 11:30am     |   |
| Field Event Awards  | 12:00pm     | Presentation of colors 12:25pm  |
| Coaches' 4x100m relay   | 12:30pm     |   |

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|                     |         |                        |
|---------------------|---------|------------------------|
| 4x100m Relay        | 12:35pm | Girls followed by boys |
| 1600m Run           | 12:50pm | Girls followed by boys |
| 400m Dash           | 1:20pm  | Girls followed by boys |
| 100m Dash           | Rolling | Girls followed by boys |
| 100m Hurdles/ 110 H | Rolling | Girls followed by boys |
| 800M Run            | Rolling | Girls followed by boys |
| 200m Dash           | Rolling | Girls followed by boys |
| 300m Hurdles        | Rolling | Girls followed by boys |
| 3200M Run           | Rolling | Girls followed by boys |
| 4x400m Relay        | Rolling | Girls followed by boys |